

## AGAPE CENTRE CLASSES AND ACTIVITIES- Sept 2019



<b>Monday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel:</b>
Maths Tuition (9 & 10 year olds)	5.00-6.30pm	Jim Digney	07760 465924
Pilates for over 60's	11-12 Noon	Gwyneth Hinds	07715 353799
Puppy Class	7-8pm	Robin	info@dog-training-ni.co.uk
Dog Obedience	8-9pm	Robin	<u>info@dog-training-ni.co.uk</u>

<b>Tuesday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel:</b>
Suzuki Early Childhood class	10.00-11.00am	Kerry Cassidy	07709 495255
'Drop-In' Coffee	10.30-12Noon	Agape Centre	028 9066 2560
Karate	7.00-8.30pm	Menik Glynn	07788 971 597

<b>Wednesday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel:</b>
Cameo Lunch Club	12.30pm-2pm	Agape Centre	028 9066 2560
Tae Kwon Do	6.00-8.00pm	Gareth McCullagh	07989 415023.
Pilates class	6.30-7.30pm	Gwyneth Hinds	07715 353799
Pilates class	7.30-8.30pm	Gwyneth Hinds	07715 353799
Tai Chi class	8.15-9.15pm	Jerry Prior	07546 017062

<b>Thursday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel:</b>
In Stitches (Monthly)	11.00-1.00pm	Agape Centre	028 9066 2560
Gracenotes Piano	2.30pm-4.30pm	Regina Petersen	reginaapetersen@gmail.com
Slimming World	5.30-7.00pm	Desie Hughes	07712 710186
	7.30-9.00pm		

<b>Friday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel</b>
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### **Class space available**

<b>Saturday</b>	<b>Time</b>	<b>Contact</b>	<b>Tel:</b>
Karate	10.00-11.30am	Menik Glynn	07788 971 597
AQE Revision	10.00-12.00pm	Ciaran McCaffrey	07834 585777

### **Other:**

Agapé Ramblers Various dates	Agape Centre	028 9066 2560
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Visit the website: [www.agapecentrebelfast.org](http://www.agapecentrebelfast.org) for further details.